

BASH FITNESS CLARKSDALE SCHEDULE



BASH FITNESS
CLARKSDALE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CLARKSDALE	BASHFIT	BASHFIT2	BASHFIT3	BASHFIT4	BASHFIT5	
5:15 A.M.		BUST YO BASH SPIN		BUST YO BASH SPIN		AF
8:00 A..M.		BASHBOD Y CIRCUIT		BASHBOD Y CIRCUIT	REFORMER PILATES	BA
8:30 A.M.	REFORMER PILATES	8:15 BASHTASTIC SPIN	REFORMER PILATES	8:15 BASHTASTIC SPIN		
9:30 A.M.	STRAIGHT UP SCULPT	REFORMER PILATES	PRIVATE	9:00 REFORMER PILATES		
10:30 A.M.	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES	REFORMER PILATES		
11:30 A.M.	PRIVATE	REFORMER PILATES	PRIVATE	REFORMER PILATES		
12:15 P.M.	PRIVATE	REFORMER PILATES	PRIVATE	REFORMER PILATES		
1:00 P.M.		REFORMER PILATES				
3:30 P.M.	REFORMER PILATES		REFORMER PILATES			
4:30 P.M.	PILATES EXPRESS		PILATES EXPRESS			
5:15 P.M.	CIRCUIT SCULPT		CIRCUIT BARRE			