


BASH FITNESS TUNICA IN STUDIO SCHEDULE						BASH FITNESS TUNICA	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	BASHFIT	BASHFIT2	BASHFIT3	BASHFIT4	BASHFIT5		
<b>EARLY 5:15 A.M.</b>	BASH FIT LAURA WITHERS	RISE AND SHINE COMBO ELY/SAMI	BASH FIT LAURA WITHERS	RISE AND SHINE COMBO ELY/BETH	SAMI SPIN RISE AND SHINE	ELY	
<b>6:10 AM</b>		RISE AND SHINE COMBO		RISE AND SHINE COMBO		SAMI	
<b>7:15 AM</b>		SEMI PRIVATE		POWER MORNING PILATES		LAURA	
<b>8:30 A.M.</b>	PILATES	SPINNING	PILATES	EMPTY		MEG	
<b>9:30 A.M.</b>	PILATES	PILATES	PILATES	PILATES		2 TRAINERS	
<b>10:30 AM</b>	PILATES QUEENAGERS	PILATES QUEENAGERS	PILATES QUEENAGERS	PILATES QUEENAGERS			
<b>12:00 P.M.</b>	BASH 15	BASH BODY BARRE		EXPRESS BASH15 PILATES/SPIN/B ARRE ELY	SAMI SPIN LUNCH BUNCH		
<b>1:00 PM</b>	PILATES			BARRE			
<b>2:00 PM</b>				PRIVATE			
<b>AFTERNOON</b>	BASH AFTERNOON	BASH AFTERNOON		BASH AFTERNOON			
<b>3:30 PM</b>	PILATES XPRESS	SAMI SPIN					
<b>4:15 PM</b>	PILATES/SP IN COMBO ELY	CARDIO PILATES/SP IN CIRCUIT		CARDIO PILATES/SP IN CIRCUIT			
<b>5:30 P.M.</b>	PILATES	PILATES		PILATES			